



The Disciple

Christ Church Charlotte

Love God • Care For Each Other • Serve The World

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August 2008
Vol. 35, No. 8

Summer's Rest Re-Connect Us With God

by Jenny Beaumont

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A few nights ago, the view and sounds outside created an unexpected sacred space. Surrounded by windows, I heard the violent wind of a summer storm. The thunder and lightning came before any of the rain and provided a natural element of suspense. After a long wait, the rain came, just as our dog's howling and crying had predicted. We watched the storm and marveled at the power of God's creation. Hearing the rain, wind, and thunder, cleared my head and centered my thoughts. I rested in the beauty of the storm. Oh, the joys of summer—unplanned, unstructured and renewing.

No matter where we find it, rest is one of the treasured gifts of summer. One parishioner cherishes rocking on a mountain porch inhaling the fresh smell of forest. Another loves the laughter and slamming doors that announce the arrival of visiting grandchildren. Connecting with our friends, family, and our spiritual center is the easy work of summer. That connection is good for the soul; it rejuvenates and replenishes us and allows us to return to our busy fall schedules refreshed and full of life.

At Christ Church, we want to help you continue that connection into the fall—connecting to God, to one another, and to the world. Our programs are offerings to you—opportunities for you to connect through worship, learning and serving.

Wednesday Night dinners and programs begin September 10th with a full complement of classes for children, youth, adults and the children's choirs. Sunday School begins September 14th with a new Young Adult class spearheaded by The Rev. John Porter-Acee. In order to inform our outreach efforts, The Christian Perspectives Classes will focus on Homeless and Sustainable Housing for the Poor.

On Thursday morning September 18th, the Women's Bible Study (which incorporates an outreach component) will ground us with sound biblical teaching while the small groups will help the participants connect to God and to each other. Twice each month, on Mondays at 7:00PM, the Women's Evening Bible study group meets to explore the women of the Old Testament.

Each month, Christ Church will help make the connection between work and faith. In addition to our Christ Church Uptown series, we are adding Christ Church Southpark. Come have lunch with us. Enjoy a weekday spiritual booster shot and an opportunity for fellowship. In response to the Family Ministry Survey, we welcome Palmer Trice from The Barnabas Center to lead our Heart to Heart Marriage seminar. The workshop is open to the community, so invite your friends!

In addition to highlighting this summer's events and activities, this edition of the Disciple gives you a brief preview of all that we have in store for you this fall. Look inside or give us a call. We want to help you get connected.

Enjoy the lazy summer days of August with loved ones and friends. Make those meaningful connections that will enrich your life. Get refreshed, energized, and ready to get reconnected!

Mark Your Calendar

Blessing for Students

August 10th - 10:30 AM
Free brunch for college students in the Blue Room immediately following the service.

Youth Trip To Emerald Point Water Park

August 13th

High School Day Trip

August 14th - Lake Norman

Anglican Communion

August 17th - 9:30 AM.
Josephine Hicks will lead a discussion about recent events in The Anglican Communion.

Blessing of the Bookbags

August 24th - 10:30 AM.

Pilgrimage Reunion

August 24th

Youth Parent Meeting

September 3rd at 7 PM

Fall Parish Day

Sunday, September 7th, 10 AM

Sunday School Begins

September 14th.

Wednesday Night Programs

Start September 10th.

Visit the web site or contact the church for more information.

Events & Happenings

Christ Church's Fall Festival is October 18th. Have fun while supporting the Christ Church Nursery Committee. Look for more information soon!

Blessing for Students - Students who are leaving home for school are invited to come to the 10:30 AM service on August 10th to receive a special blessing. College students are invited to a free brunch in the Blue Room immediately following the 10:30 AM service.

The Story Hour Group is an adult study of faith in novels and short stories led by The Rev. Martha Hedgpeth. The group meets Wednesday from 10:00 to 11:00 AM in the Conference Room beginning in October. No RSVP needed. Contact Christine DeLia at 704-714-6959 or deliac@christchurchcharlotte.org.

The Deborah Book Guild meets the first Wednesday of each month from 10:00 AM until noon, October through May. This year, the group learns about Chinese literature, culture and religion. Contact Martine Warot for more details or to sign-up; 704-708-5358, or at indyfanplus@aol.com.

In a career transition? You may find it helpful to talk to other parishioners who have been through a career transition or who are in the career placement business. Go to www.christchurchcharlotte.org to find their contact information.

Blended Families and Step-parenting Support Group - If you would like to join other parents on the same journey of blending families or step-parenting, contact Lisa Saunders for more information at 704-333-0378 or saundersl@christchurchcharlotte.org.

Job Leads - The *Women in Transition* and *Families Together* programs of the Charlotte

Heart to Heart Marriage Enrichment Workshop - Friday and Saturday, September 26th and 27th. Contact Emily Kalmbach 704-714-6956, kalmbache@christchurchcharlotte.org. To register, download a registration form from the website www.christchurchcharlotte.org or stop by the office for a registration form.

Parish Life Bridge - Enjoy a great game of bridge every Wednesday night at 6:45 PM in the Gathering Space. Beginners welcomed. Cost is \$2. Contact Van Hill for more information at 704-714-6963, or hillv@christchurchcharlotte.org.

Christmas in July - Christ Church is getting ready for our Annual Bazaar on the 6th of December! Please contact Jessica Fallis at jessica@blackdressandpearls@adp.com, if you would like to participate.

Women's Bible Study - On Thursday mornings from 10:30 AM to noon, women of all ages gather to study, learn and grow together. The Rev. Chip Edens and The Rev. Lisa Saunders will begin our study this fall. Contact: Jenny Beaumont at 704-714-6945, or via email at beaumontj@christchurchcharlotte.org.

YWCA are working to create a network to share job leads. If your company has openings, please contact Kirsten Sikkelee of the YWCA at ksikkelee@ywcacentralcarolinas.org.

Writing Your Faith is a new group, starting in September. No experience necessary! Contact Dorothy Trotter, watermktg@aol.com, 704-358-8453 and to signup contact Emily Kalmbach 704-714-6956, kalmbache@christchurchcharlotte.org.

Join the Teaching Network. We especially need energetic and caring adults for our 2, 3, and 4 year old classes, the Kindergarten classes, and one lead teacher in our 3rd grade

Knit One, Pray Too: Prayer Shawl Ministry. Join us as we connect our passion for knitting with our faith. We knit (or learn to knit) prayer shawls which are blessed and sent to parishioners. Contact: Caroline Wilson at 704-554-0020 or via email at cc-wilson@carolina.rr.com.

Bible Workbench Wednesday Mornings 10:30 -11:45AM. This adult Bible course consists of stand-alone sessions, so you can attend as schedule permits and not fall behind if you miss a session. Contact The Rev. Verdery Kerr at 704-714-6964, or via email at kerrv@christchurchcharlotte.org.

Dads with Kids Friday 7:00 - 8:00 AM. Starting a study of the Gospel of Matthew on Friday September 12th. All fathers are welcome. Contact Henry Ijams at 704-905-2117 or via email at henry@pay-streamadvisors.com.

Upcoming Youth Trips
August 13th -Water Park @ Emerald Point
August 14th - HS Day Trip@ Lake Norman
August 24th - Pilgrimage reunion

News To Know

classes. If you are interested, contact Anne Cullen at 704-714-6944, or cullena@christchurchcharlotte.org.

Our youth need you! We cannot have Sunday School class without dedicated leaders on Sunday mornings. Please contact Anne Ratcliffe at 704-714-6941 or via email at ratcliffea@christchurchcharlotte.org.

Sale in the Good News Shop - Check out items that are 20% to 80% off regular price.



Christ Church missionaries hard at work during their recent trip to Coast Rica. Looks like a labor of love!

NEW MEMBERS

- Courtney Ix
- Joe Lawton
- Daryl McCollum
- Elizabeth Jennings, Alexander and Emily
- Lauren Robbins
- Rob Rust
- David Sheehan
- Andrea Stover
- Doug and Eowyn Tilley
- Carole Whittington

MARRIAGE

- Ann Gresham Chaplain and Wesley Baker Gaines

BIRTHS

- Brooks Granville Hinton, son of Lise and Bo Hinton
- Caroline Moseley Neigoot, daughter of Kendra and Mick Neigoot
- Annie Elizabeth Hitzemann, daughter of Stacey and Steve Hitzemann
- Thomas Victor Warlick, son of Cristina and Will Warlick

BAPTISMS

- Susannah McCall Cowan, daughter of Jo and Will Cowan
- Jonathan Henry Hamlin, son of Whitley and Jon Hamlin
- Lauren Rutledge Tate, daughter of Martha and Stewart Tate
- Katherine McMillan Wagner, daughter of Maggie and T.J. Wagner
- Philip Tilford Wagner, son of Maggie and T.J. Wagner

DEATHS

- William Kenneth Craig, father of Liz Lea
- Lewis Harwell Fallis
- Wallace Worsham Simpson, Jr.
- Andrew Bailey Dabney, Jr., father of Laura Close Nestico
- Molly Parker Crosland, daughter of John Crosland, Jr.
- Gray Woodard Brantley, mother of Amanda Anders
- Rita Carey Nealon Harmeier, mother of Mary Kluttz
- John Seward Lee, Jr., father of Sharon Jeffcoat

Back-To-School Bookbag Blessings

It's August! That means a new school year is just around the corner. To help you and your children prepare, we will celebrate and bless the beginning of another school year. We encourage all children to bring their backpacks to church on Sunday, August 24. This blessing will occur during the 10:30 AM services in the church and All Saints' Hall. We are all called to love and teach our children, so let's send them forth with our love and support to make this school year the best yet!



We Need Teachers!

We need energetic and caring adults to teach our Sunday School classes next year! Our current needs are:

- 2 year olds: 4 lead teachers
- 3 year olds: 9 lead teachers and 5 assistants
- 4 year olds: 8 lead teachers and 4 assistants
- JK/K: 1 lead teachers and 3 assistants
- 3rd grade: 1 lead teacher

Sunday School starts again on September 14th, so we want to hear from you soon. If you are feeling a call from God and would love to minister to these children on Sunday mornings or if you would like to learn more about the responsibility of teaching Sunday School, please contact Anne Cullen at 704-714-6944 or cullena@christchurchcharlotte.org. We provide great training, support, and have an awesome story to tell!

Calling all Godly Players

Do you ever sign your children in for Godly Play on Sunday mornings and wonder what it's all about?

Would you like to become a part of the Godly Play ministry, but aren't sure what it would entail? Are you already a volunteer in Godly Play, but want to find out how to become a better story teller? If you answered yes, you don't have to wonder anymore. We will be holding a Godly Play Training Session for anyone who might be interested in becoming a storyteller or

assistant for Godly Play, or for anyone who might just want to know more. The training session will be on Sunday, August 17th at 6:30 PM in room M213. You will get to listen to an accomplished Godly Play storyteller, as well as learn why Godly Play is so important to our children. Dinner will be served afterward. If you are interested in attending the training session, please contact Lindsay Full at 704-714-6971 or fullL@christchurchcharlotte.org. Join us for this one of a kind training opportunity!



Faith in the Workplace

The overwhelming success of our *Christ Church Uptown* series of workday programs has led us to add an additional program, called *Christ Church SouthPark*, for those of you who work on the south side of the city.

Christ Church Uptown will meet at the Childress Klien YMCA on the first Monday of the month at noon. *Christ Church Southpark* will meet on the second Monday of the month at Scottish Bank on Morrison Boulevard at noon.

Topics for our first meetings are *Dignity in the Daily Grind* and *The Meaning of Grace*. A variety of speakers will lead the sessions, including our own Reverend Chip Edens. Sessions will examine tough questions common to our work lives, and consider timely answers that will encourage faith at work. Friends are welcomed, so bring a co-worker or two for a meaningful lunch date! Please register in advance so that we can make sure to have enough food. To register, email kalmbace@christchurchcharlotte.org.

In Patience

by Parish Nurse Lynne LeBlanc, RN
leblancl@christchurchcharlotte.org

Seems we've all heard or experienced horror stories about a trip to the hospital. These stories are especially disturbing when they happen to seniors or unaccompanied patients. Recently, an associate of mine, Becky Williford, who is a nurse and is married to a doctor, shared her family's experience. After hearing their tale of woe, it occurred to me that there are things you can do well ahead of time to help make the hospital visit less stressful on everyone. But first, let me share my friend's story:

"We were on Thanksgiving vacation at the beach with my husband's family. At the dinner table, my husband's mother suffered a mini-stroke with right sided paralysis. We called 911., and the EMT's arrived quickly, took a brief medical history (#1) and raced to the emergency room of the nearby regional hospital.

Here's how our night unfolded:

8:30 PM - We arrive at the emergency room, where 2 additional medical history histories are taken by a nurse and the physician. The doctor decides to admit my mother-in-law and refers to the hospitalist, who will be by soon. Three and one half hours later, we realize that we are just a number in the system regardless of how articulate and considerate we are. My mother-in-law is exhausted, confused and tired of laying on the gurney.

Hospitalist #1 arrives and takes a brief medical history (#4) and does a brief neuro exam. Now we just have to wait for a bed. My mother-in-law insists that we go home. We stay because we feel she needs further medical care. We stay.. and stay.. and stay...

A shift change occurs. Hospitalist #2 does a brief medical history (#5) and neuro exam. Six hours after our arrival, a bed is finally available. Hope springs eternal! We are directed to Admission Triage. The triage nurse proceeds to do a brief medical history (#6) since the emergency room cannot share data with inpatient services. More of the same questions for this 80+ year old woman who has suffered a mild stroke and is understandably disoriented and exhausted, and has been given sleeping medication. We fi-

nally arrive at the room. The nurse wants to confirm the brief medical history (#7) that was done in triage. My mother-in-law gets into bed at last. The room cannot accommodate overnight visitors, so even though we feel guilty, we leave at 3 AM.

Thanksgiving Day - 8:00 AM: My husband and his sister go to the hospital and find their mother walking alone in the hall. They were told that, because it was Thanksgiving Day, it was impossible to do any meaningful tests. In other words, there was nothing they could do. She was discharged and told to follow up with her doctor when we got home."

As a nurse, I applaud those who provide



inpatient care in any capacity. However, I have deep concerns about the way we treat patients - especially the elderly - during hospital admission. So, until hospitals become more sympathetic during the admission process, the following tips will help make a trip to the hospital easier and less stressful.

Write down a complete medical history and take it with you. You can even ask your doctor for a copy. Include major illnesses and injuries, surgeries, medical diagnoses, immunizations (include last tetanus shot), all medications including over-the-counter meds, vitamins and supplements and names and phone numbers of your doctors (including dentist). Keep your history and insurance cards in a safe but handy place. It will dramatically cut down on time when you have to be hospitalized. This can also save you from having unnecessary tests run if you are physically unable to answer questions.

- Don't hesitate to call 911 just because you dread the process.
- Make sure to have med-alert identification. EMT's are trained to look for it

If hospitalization is necessary:

- Take a notebook and pen to record information and write your questions.
- Find out the best time to see the doctors.
- Get the direct phone number for the nurses' station.
- Leave all your contact information on the chart or with the nurses' station.
- Arrange to have access to the patient's health information. The HIPPA act requires hospitals to be very strict with the information they can give out. Make it very clear who should receive this information.
- Work with the discharge planner from Day 1. Plans for rehab or home services need to be made from the hospital.
- Make sure that a Risk Assessment for DVT is done!
- Pack essentials (meds, toiletries) for an overnight stay—even if you only plan to go for just the day.

From my experience, these things make hospital life easier for the elderly:

- A good pillow, eyeglasses, extra hearing aid batteries, magazines and other "comfort" items such as a box of soft tissues.
- Non-skid slipper socks—easier to put on and off than bedroom shoes.
- Contact information for the patient's primary care physicians.
- Contact information of key friends, family, or neighbors.
- Cell phone and charger—even cardiac units allow use of cell phones these days.

Healthy Competition

Federal health officials have created a web site that lets you compare the quality of care at over 2,500 hospitals. The site shows how hospitals compare on 26 different performance criteria. Try the site for yourself: www.HospitalCompare.hhs.gov

Be sure to look for Part 2, Preparing for Surgery, in next month's issue.

WISH For The Homeless

by Doug Hatch

WISH Hope Team Participant

WISH Hope Team Coordinator

When I moved to Charlotte a year ago and became a member at Christ Church, I was immediately taken by the level of care, concern and commitment our church members have for the needs of the surrounding community. This commitment has inspired me to involve myself with the WISH program. WISH, Workforce Initiative for Supportive Housing, is a community-sponsored program that provides emotional, financial, and spiritual support to those in transition from homelessness to permanent shelter. Most clients already hold jobs, but what they all have in common is hope - hope to lead a better life with dignity, self-fulfillment, and the opportunity to think about the future instead of just surviving from day to day.

But to get there, they need our help as a parish. This transition is a journey that is very hard to make alone. WISH clients need support with a variety of issues, including finances, parenting, household management, getting access to social service networks, or even learning how to use a computer. Sometimes, they just need a friend with whom they can talk.

For example, I am on a WISH Team that supports a woman who just moved into an apartment. Her teen-aged son, who she has not seen in 2 years, just moved in with her, and she is unsure how to re-establish a relationship with him while rebuilding her own life. Our team listened to her concerns and offered advice over pizza at her home. The men in the group offered to be a mentor to her son and help him get accustomed to living with Mom and in a new city.

Working on the WISH team has been a richly fulfilling and rewarding aspect of my life. I highly recommend serving on a WISH Hope Team – do it for yourself and your community.

WISH Hope Teams are comprised of 5-8 trained parishioners each, who agree to partner together with a “previously homeless” family for a minimum of one year. Volunteer opportunities are self-scheduled and the responsibilities are shared among team members, who typically spend 1-3 hours per month helping. Team training is scheduled in September, October, January, and February. If you are interested in learning more, please contact Aimee Norman, Director of Mission and Outreach, at 704-714-6940, or normana@christchurchcharlotte.org.

Millenium Development Goal #2: Universal Primary Education

This month and next, it's all about the kids! While we get our own children ready for school, we will seek to help children around the world receive one of the most basic tenants of a fulfilling life - education. Education is one of the greatest gifts that we give our own children, let us give that gift to those who might not receive it easily otherwise. *What can you do?*

- LOCAL - We will be collecting school supplies for Eastway Middle School. Please bring backpacks, notebooks, pencils, pens, paper and other supplies to the bin in the rotunda. Use your own child's school supply list for suggestions.
- NATIONAL - We are collecting school supplies for children in Duff, Tennessee (our partner relationship for over 30 years with Duff Christmas Angels).
- INTERNATIONAL - We are collecting funds for One Laptop Per Child campaign. Each \$200 collected buys a new laptop for a child in an impoverished country. Your contributions, in any amount, will make a big difference. Make your check out to Christ Church. In the memo line, write “MDG Laptops.”



Reaping What We Sow

by Aimee Norman

Outreach and Mission Director

For the past few years, members of Christ Church have volunteered to provide lunches to children participating in the Chapel of Christ the King's summer camp for needy children. If you've ever wondered whether your efforts make a difference, meet Brittany Boulware. Brittany was one of the children who attend the camp, and now that she is a successful high school senior, she attributes much of her success to her time at the Chapel of Christ the King.

Brittany tells us, *“My life was centered on helping others. It started during my primary years, while I was attending Chapel of Christ the King. My time there did not only benefit me, but also my older brother and mother. I have recently been accepted into the University of North Carolina at Charlotte. It is my plan to major in Physiology with a special interest in Child and Family Development. It has always been my desire to work with young children; to change their lives in a way that will start them in a straight path.”*

Brittany currently attends Central Piedmont Community College, where she maintains

a grade point average of 4.0. Not too shabby for a child who could have easily been forgotten or written off.



Above is a picture of Brittany taken with Bishop Glouster when she was younger. To the right, a photo of the bright, vivacious young lady she is today, thanks in part to her experience at the Chapel of Christ the King.

Christ Church is a parish of the Episcopal Diocese of North Carolina.

The Rt. Rev. Michael Curry, *Bishop of the Diocese of North Carolina*
The Rt. Rev. William O. Gregg, *Assisting Bishop of the Diocese of North Carolina*
The Rt. Rev. Alfred Clark Marble, Jr., *Assisting Bishop of the Diocese of North Carolina*

Clergy

The Rev. Henry H. Edens, III, *Rector*
The Rev. Martha H. Hedgpath, *Associate Rector*
The Rev. W. Verdery Kerr, *Associate Rector*
The Rev. Lisa G. Saunders, *Associate Rector*
The Rev. John Porter-Acee, *Associate Rector*

Summer Office Hours:
Monday - Thursday 8:30 AM - 4:30 PM
Friday 8:30 AM - 3:00 PM

2008 Vestry Members

Beth Bowen, *Parish Life*
Gilbert Browne, *Children & Family*
Harriet Burton, *CCK*
Sis Cranz, *Sages*
Bob Dooley, *Stewardship*
Will Hardison, *Building/Grounds, Memorial and Junior Warden*
William Harris, *Youth*
Ben Hill, *Outreach*

Eric Locher, *Liturgical*
Sally Miller, *ECW*
Dick Parkhurst, *Treasurer*
Molly Philips, *Congregational Care*
Skip Smart, *Christ Church Foundation, and Senior Warden*
Zach Smith, *Sages*
Paul Tolmie, *Long Range Planning*
Kent Walker, *Adult Spiritual Formation*



Smiling Faces from a recent youth trip to Carowinds

CHARLOTTE
CHRIST CHURCH



Prayer line: 704-333-0378, Press 3
Phone: 704-333-0378
www.christchurchcharlotte.org

Fall / Winter worship schedule
begins September 14th

8:30 AM, 10:30 AM, 5:00 PM
Summer Service Schedule:

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